

POOL SCHEDULE APRIL 1 - MAY 4

	СОМР	Lane 4					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:15am - 6:00am Aqua Cardio & Strength Lanes 1-3	5:15am - 6:00am Aqua Cardio & Strength Lanes 1-3	5:15am - 6:00am Aqua Kickboxing Lanes 1-3	5:15am - 6:00am Aqua Deep Lanes 1-3		7:00am - 8:00am ALL LANES OPEN	7:00am- 8:00am ALL LANES OPEN	
			5:00am - 8:30am ALL LANES OPEN	8:00am- 9:00am LANES 1-5 OPEN	8:00am- 11:00am LANES 1-5 OPEN		
		- 8:30am I ES OPEN		8:00am- 1:00pm Lifeguard Training Lanes 6-8	8:00am- 1:00pm Lifeguard Training Lanes 6-8		
9:00am - 10:00am Aqua Zumba Lanes 1-3 LANES 4-8 OPEN	9:00am - 10:00am Aqua Cardio & Strength Lanes 1-3 LANES 4-8 OPEN	9:00am - 10:00am Aqua Cardio & Strength Lanes 1-3 LANES 4-8 OPEN	9:00am - 10:00am Aqua Zumba Lanes 1-3 LANES 4-8 OPEN	9:00am - 10:00am Aqua Cardio & Strength Lanes 1-3 LANES 4-8 OPEN	9:00am - 10:00am Aqua Cardio & Strength Lanes 1-3 LANES 4-8 OPEN	11:00am-3:00pm DMACC Scuba Lanes 1-3	
		10:30am - 1:00pm Diving Board LANES 4-8 OPEN	11:00am-12:00pm Lane 4 OPEN 12:00pm-1:00pm LANES 4-5 OPEN				
			1:00pm - 3:00pm ALL LANES OPEN	1:00pm- 3:00pm LANES 4-8 OPEN			
4:00pm - 5:00pm LANES 2-8 OPEN	4:00pm - 6:30pm LANES 1-3 OPEN	4:00pm - 6:30pm LANES 1-3 OPEN	4:00pm - 6:30pm LANES 1-3 OPEN	4:00pm-5:00pm LANE 1-3 OPEN			
5:00pm-8:00pm LANE 1-4 OPEN	6:30pm - 7:30pm Aqua Barre Lanes 1-3	6:30pm- 7:30pm Aqua Cardio & Strength Lanes 1-3	6:30pm - 7:30pm Aqua Cardio & Strength Lanes 1-3	5:00pm-7:00pm LANES 1-5 OPEN	<u>Swim Lessons:</u> <u>March 25th- April 20th</u>		
5:00pm - 8:00pm LANES 5-8 CIA	5:00pm - 8:00pm LANES 5-8 CIA LANE 4 OPEN	5:00pm - 8:00pm LANE 5-8 CIA LANE 4 OPEN	5:00pm - 8:00pm LANE 5-8 CIA LANE 4 OPEN	Lifeguard Training LANES 6-8			

▲ Indicates Water Fitness Class

LEISURE POOL										
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
6:00am - 12:00pm OPEN	6:00am- 1:00pm OPEN	6:00am- 12:00pm OPEN	6:00am- 1:00pm OPEN	6:00am- 1:00pm OPEN	7:00am - 3:00pm OPEN					
12:15pm- 1:00pm Aquatics to Restore Health		12:15- 1:00pm Aquatics to Restore Health								
		OPEN								
		- 8:00pm PEN	2:00pm- 7:00pm OPEN							